

ELF DEVELOPMENT For People in Business and Industry

(A Newsletter for private circulation)



(July, August, September - 2016)



Addi. Chief of Brahma Kumaris & Chairperson B&I Wing

FAITH AND SUCCESS

What is the basis of success? Sometimes in spite of having faith in the self we do experience failure. What is the reason for that? We need to have deep faith. When there is faith, it is impossible that there cannot be victory. There has to be faith in 4 aspects faith in the self, in God, in drama (whatever is happening is for good), in people(especially those who are close to us).

When something shakes, we make sure that it is packed from all 4 sides, so that there is no chance for it to move. Whenever we experience failure, we need to check if we are firm in all four types of faith. For example, when I see something in someone that I don't like, I tend to avoid that person. But what I forget is that, there has to be variety to bring beauty to the drama of life. I need to believe that this is my family and I appreciate each one's uniqueness. That is the reason why I really need to check thoroughly and regularly. Let's say, we build something using cement but don't use water, it will not be strong - even if the cement is of a good quality. So, to check regularly with attention is essential. When we check ourselves in this way, we are able to get over our weaknesses and are able to be prepared before the situation comes.

God sees us with a very high vision. So, let us not forget our elevated fortune. Where there is this faith (nishchay), there is intoxication (nasha) and happiness. When we do something with happiness, success is guaranteed. And God's blessing makes us beautiful and successful!

BEING POWERFUL

Life and God has bestowed us great powers, which we need to use constantly, not just one but all of them. The highest power is the power to transform the self. I understand that every life's situation gives me an opportunity to change. So, let there be this dedication for self-transformation. Let me not think, this person should change or that situation should change.

And as we start transforming, we start gaining confidence in ourselves. On the other hand, if we don't change we continue to have guilt. We need to understand that we do have the powers to accommodate and tolerate. These are the two main powers. The more we accommodate, the more we have the ability to tolerate. These two powers bring such maturity that we can face anything in life. God has given us all powers as an inheritance and each power can bring wonders in our life.

When we have the power to transform, people will see in us happy faces. We experience real happiness, peace and love. This is possible because of the power to transform on the basis of knowledge. We need to use knowledge in such a way that it gets imbibed in our lives. Each point of knowledge, when it comes into our life, our thoughts, words, actions, relations, everything gets influenced; everything becomes beautiful and new. These points are like jewels that sit in our intellect and are available to us at the time of need. The more I start using knowledge in a practical way, I win the love and respect of others. It is like becoming pure gold, without alloy. There would then be no waste thoughts as I understand that there is learning in everything. Situations come to teach me. There is benefit in everything that happens. There is no need for an exclamation or a question mark. I just need to apply a full stop, which is so simple. The scene that passed is what has made me what I am today.

God is sitting in front of us and guiding us, so there is no noise. I don't get carried away with any weakness. I recognize weaknesses from a distance, so I chase it away. So I always have the spirit of learning and moving forward. This is real transformation.

BEING BUSY AND EASY



National - Co-ordinator B&I Wing

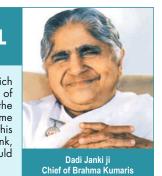
Businessmen are like a treasure for our country. There are certain special talents that all businessmen have and that is the capacity to take risk, to creatively think of new methods, to be far-sighted, to understand the future, to do things in a systematic way, to take the right chances, to take the right decision at the right time, to have determination, to be in harmony while interacting with others etc. These are all qualities of businessmen.

But today, we all know that there are a lot of problems that businessmen face today. He brings a solution to one problem and another comes up and then a third one. And so everyone has become very busy. A businessman has no time to think about his personal life, family, health or spirituality. There are also challenges because of competition, misunderstanding, unreasonable expectations etc.

We do need to earn money, but profit has to be on the basis of the understanding that others also should benefit. That is why, along with profit, in order to bring peace and happiness into our live, we need to develop spirituality at an individual level. And for our life to be easy even whilst being busy in business, we need to awaken our inner powers.

Business and Industry works on 3 powers - man power, electric power and money power. And in order to bring sustainable success in business and life, we need a fourth power and that is spiritual power. With the practice of our spiritual powers we will surely observe our life and business transforming.

There are a lot of powers, but there are 3 powers that we need to work on. One, is the power of thoughts. It is important to understand the importance of this power and not to waste energy with negative and waste thoughts. Second is the power of determination. It is said that 'Determination is the key to success'. Anything can be achieved with the power of determination. Third is the power of realisation. It is important to realize and experience values on one hand and also on the other hand, learn from mistakes and move on. We do have all these powers within us and with a little practice we can make a busy life easy!





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"Illness to Wellness" organized by BK Ghodbandar, Thane Lighting the Lamp -Seen are Sis.BK Harsha, Bro.BK Dr. Prem Masand ji, Bro.C N Shetty, G.M, Hiranandani Estate, Bro.Sanjeev Jaiswal, Commissioner, Bro.C N Shetty, HE News, Bro.Dr.Prakash Dhingra, Director-Vedanta Hospital.



"Stressfree and Healthy life for Business and Billionaire by Rajyoga Meditation" at Bhagalpur, inaugurated by Bro.Girdhari Kejriwal-Textile Chamber of Commerce, Bro.Shailendra Sharaf - Bihar Chamber of Commerce, Sis.BK Anita, Bro.BK Krishna, Sis.BK Deepa & Sis.BK Jagriti



Programme at Collectorate, Samastipur for Officers and Staff, conduted by Sis.BK Deepa, Also present Bro.Sanjay Upadhyay, Additional collector and Bro.BK Krishna



Sis.BK Yogini with a group on the occasion of international day of yoga, as part of her services during her recent visit to China in the month of June 2016.



Sis.BK Radhika addressing employees of Hotel Novotel, Hyderabad

Service report on the occasion of international day of yoga from Nagarjuna Hills centre, Hyderabad

Around 90 Programs were conducted in various organizations like NFCL, Wipro, Tech Mahindra, HAL, Tata Capital, Tata Projects, Land Mark Group (Lifestyle), banks, pharma companies like Hetero Drugs, Aurobindo, Apollo and other hospitals, Taj Banjara and other hotels, insurance companies, manufacturing industries, IICT [Indian Institute of Chemical Technology], INCOIS [Indian National Centre for Ocean Information Services], Govt. power plants, associations like MSME [Ministry of Micro, Small and Medium Enterprises], construction companies etc. Total of 5000 took benefit from these programs.



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IRC Maratha Hotel, Andheri. A group photo of Hotel Sr Officers and Staff after the programme. Seen are Sisters BK Alpa, BK Pratibha, BK Jagruti.



Sis.BK Shiva Rashmi at HPCL, Dharwad conducted a one day session on Behavioral Training to staff and workers.



Mr Ramesh Poddar Vice Chairman of Siyaram Ltd & his wife and Mr Ashok Jalan Director of Siyaram & his wife after meeting respected Dadi Gulzar, also seen are Sis.BK Yogini, Bro.BK Singh, Sis.BK Deepa



Life always offers you a second chance. It's called tomorrow.





Sis.BK Harsha conducting a program on stress free living for the BPCL employees senior managers with their wives.

बिहार – सेवा समाचार

व्यवसायियों एवं उद्योगपतियों के तनावमुक्त एवं स्वस्थ जीवन हेतु अन्तर्रा ट्रीय योग दिवस के अवसर पर ब्रह्माकुमारीज़ के राजयोग एज्युकेशन एण्ड रिसर्च फाउण्डेशन के व्यापार एवं उद्योग प्रभाग द्वारा अनोखा अभियान का आयोजन किया गया। जिसका शी कि था

> 'राजयोग अपनायें, शुभ लाभ बढ़ायें स्वास्थ्य, खुशियाँ दुआयें बोनस में पायें'

यह अभियान अन्तर्गत बिहार के अनेक जिलों में व्यवसायियों एवं उद्योगपतियों के लिए कार्यक्रम हुए। इस अभियान विशे ा वक्ता के रूप में मुम्बई विलेपार्ले से ब्रह्माकुमारी दीपा बहन एवं जागृति बहन को आमन्त्रित किया गया था। उन्होनें अपने सुंदर विचारों से एवं राजयोग की अनुभूति से सभी मेहमानों को लाभान्वित किया। इस अभियान के दौरान कई मुख्य शहरों में कार्यक्रम हुए जैसे की मुजफ्फरपुर, बेगूसराय, समस्तीपुर, सहरसा एवं सुपौल, भागलपूर, मुंगेर एवं लखीसराय।

Business and Industry Wing of Rajyoga Education and Research Foundation (RERF) Brahmakumaris



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THINKING OUT OF THE 'BOX'

There was a merchant who had the misfortune of owing a large sum of money to a moneylender. The moneylender was old yet wanted the merchant's beautiful daughter so he proposed a bargain. He said he would forgo the merchant's debt if he could marry the daughter. Both the merchant and his daughter were horrified by the proposal. So, the moneylender gave them another option. He told them that he would put a black pebble and a white pebble into an empty bag. The girl would then have to pick one pebble from the bag. If she picked the black pebble, she would become the moneylender's wife and her father's debt would be forgiven. If she picked the white pebble she need not marry him and her father's debt would still be forgiven. But if she refused to pick a pebble, her father would be thrown into prison.

They were standing on a pebble strewn path in the merchant's garden. As they talked, the moneylender bent over to pick up two pebbles. As he picked them up, the sharp-eyed girl noticed that he had picked up two black pebbles and put them into the bag. He then asked the girl to pick her pebble from the bag.

What should the girl do? There seemed to only three possibilities:

- 1. The girl should refuse to take a pebble.
- 2. The girl should show that there were two black pebbles in
- the bag and expose the moneylender as a cheat.
- 3. The girl should pick a black pebble and sacrifice herself in order to save her father from his debt and imprisonment.

Instead, the girl put her hand into the moneybag and drew out a pebble. Without looking at it, she fumbled and let it fall onto the pebble-strewn path where it immediately became lost among all the other pebbles.

"Oh, how clumsy of me," she said. "But never mind, if you look into the bag for the one that is left, you will be able to tell which pebble I picked." Since the remaining pebble is black, it must be assumed that she had picked the white one. And since the moneylender dared not admit his dishonesty, the girl changed what seemed an impossible situation into an advantageous one.

> WHAT SUSIE SAYS OF SALLY SAYS MORE OF SUSIE THAN OF SALLY

> > **REMEMBER THAT**



To be a teacher means to touch the heart rather than the head.

Expression:

Teaching others means being subtle and explaining in such a way that the mind opens because the heart has understood. The one who truly teaches inspires rather than just becoming the one who teaches others. There is recognition of the positivity that is in each one and so no comparisions are made with others.

Experience

Once I am able to look at the positivity in another individual and have the pure desire of enabling progress within that person, I am able to feel the love for him. This is like a parent's love whose love for the child is that which makes him grow. So I become a teacher who inspires rather than the one who teaches.

'Message for the Day' is being sent through Email everyday. The selected messages have been published in the book:
'Solutions for Daily Life'.
For free subscription of 'Message for the Day' write to us at businesswing@bkivv.org.

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